TeachME Professional Development Mediating Attention Deficits Among Students

- 1. What are the main subtypes of ADHD?
- A. Inattentive, hyperactive, and impulsive
- B. Inattentive, introverted, and extroverted
- C. Inattentive, obsessive-compulsive, and impulsive
- D. Inattentive, hyperactive/impulsive, and combined
- 2. Mr. Drupe wants to promote self-regulation and independence in his students with ADHD. He teaches them specific strategies to manage their behaviors and emotions effectively. He encourages them to use tools, such as behavior charts and reflection journals. He also teaches deep breathing exercises and mindfulness techniques to help them stay focused and calm. Which strategy is Mr. Drupe using?
- A. Preferential seating and proximity
- **B. Multisensory instruction**
- C. Implementing self-monitoring tools
- D. Selectively ignoring inappropriate behavior
- 3. How does ADHD affect the relationships of children with their peers?
- A. They may face challenges in maintaining pace with conversations.
- B. They are highly liked and accepted by their peers.
- C. They have no difficulty maintaining friendships.
- D. They rarely experience peer rejection.
- 4. What is NOT considered a learning challenge associated with ADHD?
- A. Difficulty paying attention to details
- B. Impulsivity leading to incomplete work
- C. Enhanced executive function skills
- D. Challenges in processing and retaining information
- 5. Ms. Berry has a student with ADHD who often gets distracted during class transitions. To support the student, she starts using a visual timer and gives students a heads up that transitioning will begin in 3-minutes. What strategy is Ms. Berry using?
- A. Giving immediate, calm, direct, and concise feedback
- B. Providing advance notice and using visual cues

- C. Breaking down directions into manageable chunks
- D. Using nonverbal signals
- 6. Which of the following is NOT considered a potential cause or risk factor associated with ADHD?
- A. Exposure to lead during pregnancy or at a young age
- B. Consuming excessive sugar during childhood
- C. Alcohol and tobacco use during pregnancy
- D. Premature delivery and low birth weight
- 7. According to current research, what role do genetics play in the development of ADHD?
- A. Genetics have been identified as the sole cause of ADHD.
- B. Genetics have no influence on the development of ADHD.
- C. Genetics play a significant role in the development of ADHD.
- D. Genetics have a minimal impact on ADHD.
- 8. Which is NOT an effective behavior management strategy for students with ADHD?
- A. Ignoring all inappropriate behaviors
- B. Frequently praising students and highlighting their positive behavior
- C. Providing structured breaks during class
- D. Using nonverbal prompts
- 9. What is one way in which ADHD can impact learning?
- A. Improved organizational abilities
- B. Enhanced executive function skills
- C. Strong ability to sit still and remain quiet
- D. Difficulty in initiating tasks
- 10. Which of the following has been identified as a potential cause of ADHD?
- A. Brain injury
- B. Consumption of excessive sugar during pregnancy
- C. Watching too much television during childhood
- D. Poverty as a social and environmental factor

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