TeachME Professional Development

Surveying Professional Needs, Perspectives, and Ethics in School Counseling

Introduction to the Special Issue on School Counselor Preparation and Supervision

1. As students explore their identities and confront life challenges, school counselors can guide them by encouraging reflection and by acknowledging their important connections and relationships.

A. True
B. False

The Professional Peer Membership of School Counselors and the Resources Used Within Their Decision-Making

2. Professional organizations, accreditation bodies, and counseling scholars agree that fostering a strong professional identity is important for the ongoing development of individual counselors, for the overall counseling profession, and for furthering:

A. Conceptual knowledge
B. Personal exploration
C. Self-efficacy
D. Morale

School Counselors' Professional Identity

3. Which of the following is an accurate statement about the professional identity of the school counselor?

A. It encompasses a frame of reference from which one carries out a professional role, makes significant professional decisions, and develops as a professional
B. It includes active professional organization membership and engagement in ongoing professional development
C. It incorporates self-identifying as a professional, integrating professional skills and attitudes, and engaging in one's professional community

D. All of the above

Discussion

4. In a study designed to determine what resources school counselors used to help resolve professional and ethical dilemmas, the majority of participants reported turning to administrative policies.

A. True
B. False

School Counselor Preparation

5. Research indicates that school counselor education preparation programs often focus on the development of skills over time rather than critical knowledge and awareness.

A. True
B. False

When Values Blur the Lines: Navigating an Ethical Dilemma in School Counseling

6. The emotional lens through which counselors initially define a particular problem is often influenced by:

A. Personal values
B. Prior experiences
C. Level of empathy
D. Personality traits

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7. School counselors often face unique decision making challenges when facing ethical dilemmas, as they may be the only counselor on staff and may lack access to regular clinical supervision and consultation.

A. True
B. False

Ethical Obligations

8. Ethical standards for school counselors allow for the sharing of all confidential student information, as long as it is shared within the consultation process.

A. True
B. False

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9. As demonstrated by the ethical dilemma case study, guidelines for school counselors include each of the following EXCEPT:

A. Regularly revisiting the rules of informed consent and limits
B. Immediately reporting sensitive concerns to school district administrators
C. Consulting with other school counselors
D. Clearly advocating for themselves as mandated reporters

Implications for School Counselors and Counselor Educators

10. Online counselor consultation groups are one way to provide school counselors who are isolated or separated by distance with opportunities to share resources, discuss counseling trends, and increase their pool of peer consultants available when ethical dilemmas arise.

A. True
B. False

Meaning-Making in Early Adolescence: Practices and Perspectives of School Counselors-Importance

11. Adolescence may be an ideal time for counselors to facilitate searching for meaning and purpose with students, as numerous studies have documented the relationship between these factors and overall well-being for young people.

A. True
B. False

Purpose of Study

12. School counselors can help students to make meaning by assisting them in gaining insight about life circumstances and by:

A. Examining self-focus and emerging possibilities
B. Analyzing present understandings along with future expectations and ideas
C. Exploring what they have learned about themselves through the situations they encounter
D. Identifying life-enhancing self-perceptions and motivators

Overarching Theme: Identity

13. School counselors report that the major avenue through which they explore meaning with students is through identity, and in particular by exploring meaning through the development of a universal and collective identity.

A. True
B. False

Subtheme 3: Connections

14. When creating a connection conducive to exploration of meaning and identity with students, counselors consistently report the importance of establishing trust and:

A. Being non-judgmental
B. Demonstrating authenticity
C. Exhibiting patience and compassion
D. Maintaining discretion

Discussion

15. Although group work can be valuable when counseling adolescents, professionals contend that individualized care is the most conducive way for young people to find meaning and develop a sense of self.

A. True
B. False

Recommendations for School Counselors and School Counselor Educators

16. In addition to individual and group work, meaning making and identity development can be fostered in the school setting through classroom lessons, school-wide programs, and community connections.

A. True
B. False

School Counselor Educators

17. Research on school counseling education programs indicates that although counselors seem to be adequately prepared to assist in academic development, they are lacking skills to facilitate sufficient personal, social, and career development among students.

A. True
B. False

Professional School Counselor Perceptions of Systemic Barriers Affecting Latino Students

18. School counseling professionals can help advocate for increased educational success for Latino youth, particularly when they can advocate for systemic change and:

A. Civic participation
B. Social justice
C. Policy refinement
D. Community inclusion

Oppression and Discrimination

19. In order to address issues of prejudice and discrimination among Latinos in the U.S., schools are incorporating classes on multicultural education to enhance student respect for diversity within the classroom, and counseling professionals are reinforcing protective factors such as self-esteem to combat issues of oppression.

A. True
B. False

Results

20. Counselors report that Latino students tend to experience conflict:

A. With students from other racial/ethnic groups and from interactions with different cultural attitudes and beliefs
B. From within the Latino student community
C. Between traditional collectivistic practices and the U.S. individualistic system
D. All of the above

Theme 2: School and Home Roadblocks

21. With respect to Latino youth, professional counselors propose that the most significant school barrier is the lack of available resources to engage students and families in the goals of education.

A. True
B. False

Discussion-Personal/Social Development

22. One way to enhance personal and social development and break down barriers is to support the correlation of cultural heritage and positive mental health in the U.S. by using:

A. A multi-system ecostructural perspective
B. A spiritual/holistic approach
C. An ethnic identity model
D. A multimodal strengths-based paradigm

Professional Development Needs of Urban School Counselors: A Review of the Literature-Challenges

23. The unique challenges confronted by urban students can yield unequal and/or inequitable distribution of resources and access between students within the same school community or between students from different communities, which are known as attainment gaps.

A. True
B. False

Direct Counseling Services in Urban Schools

24. The Transformative Individual School Counseling (TISC) model provides an opportunity to assist urban school counselors by offering approaches to address problems that are systemic, narrative and:

A. Solution-focused
B. Person-centered
C. Skills-based
D. Goal-oriented

Preparation and Professional Development of Urban School Counselors

25. Preparation and professional development for school counselors can be enhanced by providing immersion experiences, case studies, and strategies for embracing a deep commitment to social justice advocacy for the disenfranchised.

A. True
B. False