

TeachME Professional Development

Addressing Bullying and Stigma for Students with Special Needs

1. Which term best matches the following definition? The intentional damaging of peer relationships through exclusion, rumor spreading, or consistent social isolation.

- A. Verbal bullying
 - B. Microaggression
 - C. Implicit bias
 - D. Social exclusion
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2. Which practice most directly supports resilience-building in students with special needs?

- A. Removing students from all challenging peer interactions
 - B. Relying solely on disciplinary consequences
 - C. Teaching self-advocacy, emotional regulation, and help-seeking skills
 - D. Ignoring emotional responses to peer conflict
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3. Which of the following is identified as a social consequence of repeated bullying for students with disabilities?

- A. Increased classroom leadership
 - B. Greater peer influence
 - C. Loneliness and difficulty with peer relationships
 - D. Higher academic competition
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4. Which of the following is NOT a strategy for promoting inclusion and belonging?

- A. Assigning students with disabilities to separate work areas to avoid conflict
 - B. Teaching empathy and neurodiversity awareness
 - C. Providing anonymous reporting tools for student concerns
 - D. Establishing classroom norms that emphasize respect and collaboration
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5. Which outcome best illustrates the academic impact of stigma and bias on students with disabilities?

- A. Students are more likely to seek enrichment opportunities to disprove stereotypes
- B. Students become more motivated when adults emphasize their limitations
- C. Students show no change in academic engagement as long as accommodations are provided

D. Students begin to invest less effort in learning after internalizing negative beliefs about their abilities

6. Which of the following is NOT a subtle indicator of bullying?

- A. Increased withdrawal from peers
 - B. Observable teasing and mocking by peers
 - C. Reluctance to attend school
 - D. Noticeable decline in academic performance
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7. Which term best matches the following definition? Repeated, intentional behavior that involves an imbalance of power and causes harm through physical, verbal, relational, or digital actions.

- A. Social Exclusion
 - B. Bullying
 - C. Microaggression
 - D. Ableism
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8. Which of the following is a commonly recognized visible indicator of bullying?

- A. Increased interest in school activities
 - B. Improved peer relationships
 - C. Unexplained bruises or physical injuries
 - D. Higher classroom engagement
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9. Which emotional outcome is most strongly linked to long-term bullying for students with disabilities?

- A. Improved resilience and independence
 - B. Heightened optimism about school
 - C. Increased risk of depression and anxiety
 - D. Stronger academic motivation
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10. Which term refers to brief, often unintentional comments or actions that convey dismissive or derogatory messages toward individuals with disabilities?

- A. Cyberbullying
 - B. Social exclusion
 - C. Microaggressions
 - D. Relational conflict
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