

# TeachME Professional Development

## Introduction to Effective Interventions in Early Childhood Education

**1. Ms. Stark uses observations, anecdotal records, and developmental checklists to assess a child's progress. What is the purpose of using these various data types?**

- A. To track only academic performance and inform teaching strategies and modalities
  - B. To provide a comprehensive view of the child's development across multiple domains
  - C. To compare the child's progress to others in the class
  - D. To decide if the child would benefit from a different classroom setting
- 

**2. What can be a long-term societal consequence of disrupted early childhood development?**

- A. Enhanced social cohesion and community engagement
  - B. Increased educational success and workforce participation
  - C. Poor educational outcomes and higher crime rates
  - D. Decreased healthcare expenses and economic stability
- 

**3. Which of the following is an example of a guided play activity that supports fine motor skills?**

- A. Playing soccer
  - B. Building blocks
  - C. Free play with peers
  - D. Reading aloud
- 

**4. What is the primary reason that early childhood environments are considered crucial to long-term development?**

- A. They prevent the development of physical health issues in adulthood.
  - B. They guarantee sustained academic success across a lifetime.
  - C. They affect brain development, physical health, and overall biological systems.
  - D. They primarily support cognitive development and problem-solving skills.
- 

**5. Mrs. Martin uses a "'Calm Down Steps'" poster near a designated quiet area to guide students through self-soothing techniques when they become upset. What strategy is the teacher using?**

- A. Model desired behaviors
  - B. Celebrate progress
  - C. Leverage visual aids and cues
  - D. Create two-way communication channels
-

**6. Which factor contributes significantly to disparities in access to early intervention services?**

- A. Parental preference for service providers
  - B. Overwhelming demand for services and long wait-times
  - C. Excessive government regulations
  - D. Racial inequities in healthcare and education systems
- 

**7. What is the impact of ineffective communication between parents and service providers?**

- A. Delays in seeking services
  - B. Faster access to services
  - C. Increased satisfaction with services
  - D. Clearer understanding of available services
- 

**8. How do unsafe or threatening environments affect children's long-term health?**

- A. They increase the likelihood of positive emotional regulation.
  - B. They may result in coping mechanisms that harm physical health and emotional regulation.
  - C. They can strengthen coping mechanisms for future challenges.
  - D. They lead to improved learning abilities, adaptive skills, and cognitive growth.
- 

**9. Which federal mandate requires states to identify all children eligible for early intervention services?**

- A. IDEA Part B
  - B. Early Childhood Education Act
  - C. Racial Equity and Access Initiative
  - D. Child Find
- 

**10. Mr. Lannister notices that a child consistently struggles to regulate their emotions during transitions. Which intervention would be most appropriate at Tier 2 of PBIS?**

- A. Provide explicit instruction in self-regulation and problem-solving
  - B. Ignore the behavior and move on
  - C. Adjust classroom routines to challenge the child academically
  - D. Focus on individual academic improvements without addressing emotional needs
- 

**11. How does a nurturing environment in early childhood benefit children?**

- A. It decreases emotional intelligence.
  - B. It limits academic success and independence.
  - C. It makes children overly dependent on others.
  - D. It strengthens skills like self-regulation and resilience.
-

**12. What is the primary benefit of modeling desired behaviors for students?**

- A. To set clear rules for students to follow
  - B. To show students how to manage their emotions and solve problems effectively
  - C. To demonstrate the importance of following authority figures
  - D. To ensure that students understand the consequences of misbehavior
- 

**13. How does play therapy support children with ADHD?**

- A. It allows them to express emotions and build self-regulation
  - B. It helps them improve their handwriting
  - C. It focuses on teaching reading and math skills
  - D. It solely helps them improve academic skills
- 

**14. Which of the following is a significant barrier to access to early intervention services for children from diverse racial and ethnic backgrounds?**

- A. Over-identification of developmental delays among Black and Latino children
  - B. Implicit bias and structural racism hindering timely identification of developmental delays
  - C. Equitable distribution of early intervention services across all racial and ethnic groups
  - D. Early intervention services being universally available to all children regardless of background
- 

**15. Which of the following environments is most beneficial for a child's early development?**

- A. An environment of constant change and unpredictability
  - B. An environment where challenges are ignored and not addressed
  - C. A nurturing environment with supportive relationships and resources
  - D. An environment with limited access to healthcare resources
- 

**16. Mrs. Khalee incorporates a "Feelings Check-In" board into the morning circle time to help students express and regulate their emotions daily. What strategy is the teacher using?**

- A. Using visual aids and cues
  - B. Celebrating progress
  - C. Honoring cultural diversity
  - D. Embedding activities into existing schedules
- 

**17. What is the primary goal of Positive Behavioral Interventions and Supports (PBIS) in early childhood?**

- A. To implement a strict academic curriculum
- B. To address social-emotional achievement and 21st century skills
- C. To increase the amount of instructional time in the classroom

D. To promote positive social-emotional development and prevent problem behaviors

---

**18. Why is it important to create predictable structures in the classroom when implementing interventions?**

- A. To provide students with rewards for their behavior
  - B. To make intervention plans more fun and engaging
  - C. To ensure students are not overwhelmed by surprises
  - D. To offer students more freedom during class time
- 

**19. Which of the following is a key factor that limits access to early intervention services for children from low-income families?**

- A. Lack of access to developmental screenings, leading to delayed identification of delays
  - B. Higher rates of developmental screenings among low-income families
  - C. Increased availability of developmental screenings for children from low-income families
  - D. Equal access to early intervention services regardless of socio-economic status
- 

**20. How do systemic inequities, like poverty, affect children's development?**

- A. They provide children with more opportunities for learning through life's challenges.
  - B. They disrupt biological systems and negatively affect development.
  - C. They improve children's mental health and emotional stability.
  - D. They lead to better health outcomes and academic success.
- 

Copyright © 2026 TeachME Professional Development

Visit us at <https://www.teachmeceus.com>