

TeachME Professional Development

Meeting the Needs of American Indian School-Aged Children

1. What strategy is most effective for integrating culturally relevant curriculum for American Indian students?

- A. Incorporating traditional stories and practices into lessons
 - B. Maintaining open communication
 - C. Referencing American Indians one time in a curricular unit
 - D. Implementing a curriculum based primarily on cultural sensitivity
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2. In the context of health issues, which of the following is NOT a significant challenge faced by American Indian youth?

- A. High rates of substance abuse
 - B. Chronic underfunding of healthcare
 - C. Overuse of medical services
 - D. Higher incidence of diabetes
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3. To engage American Indian students, Mr. Breve integrates storytelling into lessons. What is the expected outcome?

- A. Reduced focus on historical trauma
 - B. Increased engagement and connection to the content
 - C. Prioritized equity across all subject areas
 - D. Improved classroom and schoolwide behavior
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4. Why is it important to adopt a universal approach to trauma-informed education, according to Venet?

- A. To categorize students into tiers based on standardized trauma assessments
 - B. To focus solely on academic achievements
 - C. To implement strict disciplinary measures, including exclusionary approaches
 - D. To ensure all students have access to support as needed, without formal assessments
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5. Which mental health challenge is disproportionately higher among American Indian youth compared to other racial or ethnic groups?

- A. Insomnia
- B. Anxiety

- C. Schizophrenia
 - D. ADHD
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6. How does a trauma-informed approach integrate cultural wisdom?

- A. By incorporating traditional practices into support services
 - B. By teaching emotional regulation
 - C. By building and reinforcing relationships
 - D. By creating predictability and stability
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7. What is a common mental health issue faced by American Indian youth as a result of cultural disconnection?

- A. Increased cases of hypertension
 - B. Lower rates of substance abuse
 - C. Reduction in chronic absenteeism
 - D. Increased feelings of isolation
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8. Ms. Cortado wants to make math lessons more engaging for her American Indian students. She hopes to illustrate problem-solving processes clearly. What strategy is effective?

- A. Rely solely on traditional lecture and textbook methods
 - B. Focus on timed tests and drills without demonstration
 - C. Use manipulatives and think-aloud strategies to demonstrate problem-solving
 - D. Use technology and media to watch videos of math problems being solved
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9. What is defined as “the cumulative emotional and psychological wounding over one’s lifetime and from generation to generation following loss of lives, land, and vital aspects of culture”?

- A. Epigenetics
 - B. Historical Trauma
 - C. Chronic Absenteeism
 - D. Individual Trauma
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10. Mr. Breve wants to enhance his students’ problem-solving skills. He aims to engage students in practical applications of their learning. What method should he use?

- A. Give lectures on key topics and let students choose to either write an essay about it or make a Slides presentation
 - B. Avoid practical applications and focus exclusively on theoretical knowledge
 - C. Use drills and rote learning techniques for practice, without context-based problem solving
 - D. Collaborate with students to solve real-world problems together, using a project-based approach
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11. Which of the following is NOT a component of a trauma-informed systems approach?

- A. Acknowledgement of Trauma
 - B. Support for Healing and Resilience
 - C. Reduction of academic workload
 - D. Integration of Cultural Wisdom
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12. Which of the following community factors can positively influence the mental health of American Indian youth?

- A. Increased exposure to media
 - B. Increased participation in extracurricular activities
 - C. High rates of crime and violence
 - D. Strong family connections and community support
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13. What is the goal of involving community members, families, and youth in decision-making processes in a trauma-informed approach?

- A. To implement uniform policies across all schools
 - B. To ensure strategies are culturally relevant and responsive
 - C. To focus exclusively on academic assessments
 - D. To prioritize individual student achievements
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14. Which of the following is NOT a factor contributing to higher substance use among American Indian youth?

- A. Economic deprivation
 - B. Cultural dislocation
 - C. Chronic absenteeism
 - D. Historical trauma
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15. Ms. Cortado wants to encourage peer learning in her classroom. She aims to create an environment where students actively engage with each other. Which approach should she use?

- A. Create student-led groups where students generate questions, share information, and work on projects
 - B. Assign individual worksheets for students to complete independently, without interaction
 - C. Use mostly direct instruction techniques, incorporating whole-class discussion where appropriate
 - D. Focus solely on whole-class discussions without incorporating small group interactions
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16. How does poverty impact the mental health of American Indian youth?

- A. It generally has no impact

- B. It is linked to increased stress, depression, and anxiety
 - C. It leads to improved mental health outcomes
 - D. It causes a decrease in substance abuse rates
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17. Which approach is NOT a characteristic of equity pedagogy?

- A. Curriculum differentiation and diverse teaching methods
 - B. Universal Design for Learning (UDL) to accommodate various learning styles
 - C. Round Robin activities, requiring every student to participate at random
 - D. Providing varied supports to help all students meet high standards
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18. What is one major reason for higher dropout rates among Native American students compared to their white peers?

- A. Chronic absenteeism
 - B. Higher academic performance
 - C. Increased engagement in extracurricular activities
 - D. Early entry to the workforce
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19. Which practice is NOT part of culturally responsive teaching?

- A. Celebrating cultural differences throughout the school year
 - B. Using a one-size-fits-all approach to teaching all students
 - C. Building inclusive classrooms that honor diverse perspectives
 - D. Adapting teaching methods to include students' cultural backgrounds
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20. What is a major barrier to effectively addressing the educational needs of Native American students?

- A. High levels of parental involvement
 - B. Integration of Native culture into the curriculum
 - C. Limited access to early childhood education
 - D. Robust support systems for academic achievement
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