TeachME Professional Development

Meeting the Needs of American Indian School-Aged Children

1. What strategy is most effective for integrating culturally relevant curriculum for American Indian students?

A. Incorporating traditional stories and practices into lessons
B. Maintaining open communication
C. Referencing American Indians one time in a curricular unit
D. Implementing a curriculum based primarily on cultural sensitivity

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2. In the context of health issues, which of the following is NOT a significant challenge faced by American Indian youth?

A. High rates of substance abuse
B. Chronic underfunding of healthcare
C. Overuse of medical services
D. Higher incidence of diabetes

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3. To engage American Indian students, Mr. Breve integrates storytelling into lessons. What is the expected outcome?

A. Reduced focus on historical trauma
B. Increased engagement and connection to the content
C. Prioritized equity across all subject areas
D. Improved classroom and schoolwide behavior

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4. Why is it important to adopt a universal approach to trauma-informed education, according to Venet?

A. To categorize students into tiers based on standardized trauma assessments
B. To focus solely on academic achievements
C. To implement strict disciplinary measures, including exclusionary approaches
D. To ensure all students have access to support as needed, without formal assessments

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5. Which mental health challenge is disproportionately higher among American Indian youth compared to other racial or ethnic groups?

A. Insomnia
B. Anxiety

C. Schizophrenia
D. ADHD

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6. How does a trauma-informed approach integrate cultural wisdom?

A. By incorporating traditional practices into support services
B. By teaching emotional regulation
C. By building and reinforcing relationships
D. By creating predictability and stability

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7. What is a common mental health issue faced by American Indian youth as a result of cultural disconnection?

A. Increased cases of hypertension
B. Lower rates of substance abuse
C. Reduction in chronic absenteeism
D. Increased feelings of isolation

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8. Ms. Cortado wants to make math lessons more engaging for her American Indian students. She hopes to illustrate problem-solving processes clearly. What strategy is effective?

A. Rely solely on traditional lecture and textbook methods
B. Focus on timed tests and drills without demonstration
C. Use manipulatives and think-aloud strategies to demonstrate problem-solving
D. Use technology and media to watch videos of math problems being solved

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9. What is defined as “the cumulative emotional and psychological wounding over one’s lifetime and from generation to generation following loss of lives, land, and vital aspects of culture”?

A. Epigenetics
B. Historical Trauma
C. Chronic Absenteeism
D. Individual Trauma

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10. Mr. Breve wants to enhance his students’ problem-solving skills. He aims to engage students in practical applications of their learning. What method should he use?

A. Give lectures on key topics and let students choose to either write an essay about it or make a Slides presentation
B. Avoid practical applications and focus exclusively on theoretical knowledge
C. Use drills and rote learning techniques for practice, without context-based problem solving
D. Collaborate with students to solve real-world problems together, using a project-based approach

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11. Which of the following is NOT a component of a trauma-informed systems approach?

A. Acknowledgement of Trauma
B. Support for Healing and Resilience
C. Reduction of academic workload
D. Integration of Cultural Wisdom

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12. Which of the following community factors can positively influence the mental health of American Indian youth?

A. Increased exposure to media
B. Increased participation in extracurricular activities
C. High rates of crime and violence
D. Strong family connections and community support

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13. What is the goal of involving community members, families, and youth in decision-making processes in a trauma-informed approach?

A. To implement uniform policies across all schools
B. To ensure strategies are culturally relevant and responsive
C. To focus exclusively on academic assessments
D. To prioritize individual student achievements

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14. Which of the following is NOT a factor contributing to higher substance use among American Indian youth?

A. Economic deprivation
B. Cultural dislocation
C. Chronic absenteeism
D. Historical trauma

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15. Ms. Cortado wants to encourage peer learning in her classroom. She aims to create an environment where students actively engage with each other. Which approach should she use?

A. Create student-led groups where students generate questions, share information, and work on projects
B. Assign individual worksheets for students to complete independently, without interaction
C. Use mostly direct instruction techniques, incorporating whole-class discussion where appropriate
D. Focus solely on whole-class discussions without incorporating small group interactions

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16. How does poverty impact the mental health of American Indian youth?

A. It generally has no impact

B. It is linked to increased stress, depression, and anxiety
C. It leads to improved mental health outcomes
D. It causes a decrease in substance abuse rates

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17. Which approach is NOT a characteristic of equity pedagogy?

A. Curriculum differentiation and diverse teaching methods
B. Universal Design for Learning (UDL) to accommodate various learning styles
C. Round Robin activities, requiring every student to participate at random
D. Providing varied supports to help all students meet high standards

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18. What is one major reason for higher dropout rates among Native American students compared to their white peers?

A. Chronic absenteeism
B. Higher academic performance
C. Increased engagement in extracurricular activities
D. Early entry to the workforce

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19. Which practice is NOT part of culturally responsive teaching?

A. Celebrating cultural differences throughout the school year
B. Using a one-size-fits-all approach to teaching all students
C. Building inclusive classrooms that honor diverse perspectives
D. Adapting teaching methods to include students' cultural backgrounds

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20. What is a major barrier to effectively addressing the educational needs of Native American students?

A. High levels of parental involvement
B. Integration of Native culture into the curriculum
C. Limited access to early childhood education
D. Robust support systems for academic achievement

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