

# TeachME Professional Development

## Navigating the Fentanyl Crisis Among School-Aged Youth

**1. Which age group saw a nearly doubled rate of fatal fentanyl overdoses from 2019 to 2021?**

- A. Small children: 5-9 years old
  - B. Young adults: 20-29 years old
  - C. Retirees: 65-80 years old
  - D. Adolescents: 10-19 years old
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**2. What physical symptom is a notable sign of fentanyl use?**

- A. Enlarged pupils
  - B. Pinpoint pupils
  - C. Excessive sweating
  - D. Rapid breathing
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**3. King Trumpet High School is developing a new fentanyl education program aimed at reducing the incidence of overdose and misuse within the local population. Which of the following should they include to effectively educate the students about the dangers of fentanyl?**

- A. Highlighting the recreational uses of fentanyl and emphasizing the lack of danger
  - B. Highlighting the risks associated with purchasing medications from unreliable sources
  - C. Watching videos of real people that have had bad experiences with fentanyl
  - D. Promoting the use of fentanyl for pain management without a prescription
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**4. What is a common way that school-aged youth may unknowingly consume fentanyl?**

- A. In contaminated water
  - B. Through second-hand smoke
  - C. In counterfeit prescription pills
  - D. In energy drinks
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**5. Why is it crucial for schools to have partnerships with local community organizations?**

- A. To enhance sports programs
  - B. To provide comprehensive support for substance use disorders
  - C. To improve school cafeteria menus
  - D. To organize community festivals
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**6. What behavior is NOT a red flag for fentanyl use in a teenager?**

- A. Unexpected and dramatic shifts in mood
  - B. Becoming secretive and defensive about their activities
  - C. Abrupt changes in friendship
  - D. Exploring new interests and activities
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**7. At King Trumpet High School, the staff is concerned about the recent increase in fentanyl exposure among students, paralleling the broader mental health crisis. The school board is evaluating various strategies to address these complex challenges. Which of the following actions would be most effective for King Trumpet High to prioritize?**

- A. Hosting large, school-wide assemblies to raise awareness about drug use
  - B. Implementing mandatory drug testing for all students
  - C. Expanding access to counseling and mental health support services
  - D. Increasing the number of security personnel on campus
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**8. Which physical sign should alert you to a potential fentanyl overdose?**

- A. Fast heart rate
  - B. Bluish discoloration on skin
  - C. Excessive energy
  - D. Sweaty palms
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**9. At King Trumpet High School, the administration is planning to introduce a bystander training module to empower students and teachers to effectively respond in emergencies involving drugs. What should the module focus on to ensure that students are prepared to address fentanyl-related emergencies?**

- A. Recognizing symptoms of a fentanyl overdose and knowing how to respond
  - B. Identifying different types of recreational drugs
  - C. Learning the history of drug use in America
  - D. Developing fitness programs for peers
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**10. Which social factor contributes to the accessibility of fentanyl to school-aged youth?**

- A. Decreased social media usage among teens.
  - B. Increased parental supervision
  - C. Strict school drug policies.
  - D. Drug dealers using social media platforms to sell opioids.
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