

# TeachME Professional Development

## Power Skills in Education and Beyond

**1. Which of the following is NOT considered an essential power skill?**

- A. Communication
  - B. Creativity
  - C. Social-Emotional Learning (SEL) competencies
  - D. Technical expertise
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**2. Which teaching strategy provides a structured approach to teaching complex skills, including power skills?**

- A. Integrated instruction
  - B. Project-based learning
  - C. Explicit instruction
  - D. Peer collaboration
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**3. Which power skills involve the ability to analyze and evaluate information to identify and implement effective solutions to problems?**

- A. Problem-solving, critical thinking, and creativity skills
  - B. Communication, collaboration, and adaptability skills
  - C. Leadership, teamwork, and decision-making skills
  - D. Analytical, research, and technical skills
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**4. How does SEL competence benefit children's social and emotional development?**

- A. It increases symptoms of depression and anxiety
  - B. It improves communication and problem-solving skills
  - C. It reduces academic achievement
  - D. It enhances negative behaviors such as aggression
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**5. Which assessment method is NOT mentioned as a means to evaluate power skills?**

- A. Observation
  - B. Self-Assessment
  - C. Standards-based assessments
  - D. Performance based assessment
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**6. Which power skill is important for conveying information clearly and effectively through various mediums?**

- A. Critical thinking
  - B. Creativity
  - C. Communication
  - D. Collaboration
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**7. Which of the following is true about upskilling and reskilling?**

- A. They help individuals remain relevant and competitive in a changing job market
  - B. They only involve acquiring additional degrees or certifications
  - C. They are only applicable to certain industries and professions
  - D. They are unnecessary and irrelevant in the future job market
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**8. What teaching method involves students working for an extended period of time to investigate and respond to an authentic question, problem, or challenge?**

- A. Integrated instruction
  - B. Peer Collaboration
  - C. Explicit instruction
  - D. Project-based learning
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**9. What are the three types of skills that constitute power skills?**

- A. Technical, academic, and problem-solving skills
  - B. Cognitive, interpersonal, and intrapersonal skills
  - C. Analytical, communication, and leadership skills
  - D. Emotional, social, and managerial skills
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**10. Which of the following does NOT describe why assessing power skills is challenging?**

- A. Subjective in nature
  - B. Context-dependent
  - C. Quantitatively measurable
  - D. Interrelated and interconnected
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**11. What is the significance of emotional intelligence in the future workplace?**

- A. It has no impact on job performance and success
  - B. It can be easily replicated by machines and AI technologies
  - C. It is unrelated to collaboration and effective teamwork
  - D. It is a uniquely human skill and highly sought-after by employers
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**12. What is a characteristic of digital badging?**

- A. It recognizes a broad range of skills and accomplishments
  - B. It is limited to academic achievements
  - C. It relies on standardized test scores
  - D. It is only applicable in a traditional academic context
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**13. What is collaboration?**

- A. The ability to think critically
  - B. The ability to generate new ideas
  - C. The ability to work effectively with others towards a common goal
  - D. The ability to solve problems creatively
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**14. "In Mrs. Cannellini's social studies class, she has students engage in a mock trial to explore the viewpoints and arguments surrounding a historical event or controversial issue. What teaching strategy is Mrs. Cannellini using?"**

- A. Integrated instruction
  - B. Explicit instruction
  - C. Peer Teaching
  - D. Content area instruction
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**15. Which of the following academic outcomes is NOT associated with the development of power skills?**

- A. Improved student engagement
  - B. Increased test-taking stamina
  - C. Higher GPAs and test scores
  - D. Lower rates of absenteeism
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**16. Which of the following skills is emphasized as crucial for success in the future job market?**

- A. Memorization and regurgitation
  - B. Physical strength and endurance
  - C. Critical thinking and problem-solving
  - D. Following instructions without questioning
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**17. Which type of assessment involves students directly demonstrating their knowledge and skills through open-ended tasks?**

- A. Performance assessment
- B. Standardized assessment
- C. Self-assessment

D. Quantitative assessment

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**18. Why is instilling lifelong learning important in the future job market?**

- A. To avoid work entirely and focus on personal interests
  - B. To adapt to evolving job requirements and advancements in technology
  - C. To specialize in a single skill and ignore other areas
  - D. To rely solely on past achievements and qualifications
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**19. What is one of the positive effects of SEL on overall well-being?**

- A. Increased dropout rates
  - B. Reduced social awareness
  - C. Improved self-esteem and coping skills
  - D. Enhanced academic achievement
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**20. Mr. Fava's science class is learning about the impacts of waterborne viruses on the environments that they live in. He assigns students in groups to do a jigsaw activity, followed by a gallery walk. What teaching strategy is Mr. Fava using?**

- A. Project-based learning
  - B. Structured direct instruction
  - C. Social-emotional learning
  - D. Collaborative learning activities
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