

# TeachME Professional Development

## Power Skills in Education and Beyond

**1. Which of the following is NOT considered an essential power skill?**

- A. Communication
- B. Creativity
- C. Social-Emotional Learning (SEL) competencies
- D. Technical expertise

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**2. Which teaching strategy provides a structured approach to teaching complex skills, including power skills?**

- A. Integrated instruction
- B. Project-based learning
- C. Explicit instruction
- D. Peer collaboration

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**3. Which power skills involve the ability to analyze and evaluate information to identify and implement effective solutions to problems?**

- A. Problem-solving, critical thinking, and creativity skills
- B. Communication, collaboration, and adaptability skills
- C. Leadership, teamwork, and decision-making skills
- D. Analytical, research, and technical skills

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**4. How does SEL competence benefit children's social and emotional development?**

- A. It increases symptoms of depression and anxiety
- B. It improves communication and problem-solving skills
- C. It reduces academic achievement
- D. It enhances negative behaviors such as aggression

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**5. Which assessment method is NOT mentioned as a means to evaluate power skills?**

- A. Observation
- B. Self-Assessment
- C. Standards-based assessments
- D. Performance based assessment

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**6. Which power skill is important for conveying information clearly and effectively through various mediums?**

- A. Critical thinking
- B. Creativity
- C. Communication
- D. Collaboration

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**7. Which of the following is true about upskilling and reskilling?**

- A. They help individuals remain relevant and competitive in a changing job market
- B. They only involve acquiring additional degrees or certifications
- C. They are only applicable to certain industries and professions
- D. They are unnecessary and irrelevant in the future job market

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**8. What teaching method involves students working for an extended period of time to investigate and respond to an authentic question, problem, or challenge?**

- A. Integrated instruction
- B. Peer Collaboration
- C. Explicit instruction
- D. Project-based learning

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**9. What are the three types of skills that constitute power skills?**

- A. Technical, academic, and problem-solving skills
- B. Cognitive, interpersonal, and intrapersonal skills
- C. Analytical, communication, and leadership skills
- D. Emotional, social, and managerial skills

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**10. Which of the following does NOT describe why assessing power skills is challenging?**

- A. Subjective in nature
- B. Context-dependent
- C. Quantitatively measurable
- D. Interrelated and interconnected

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**11. What is the significance of emotional intelligence in the future workplace?**

- A. It has no impact on job performance and success
- B. It can be easily replicated by machines and AI technologies
- C. It is unrelated to collaboration and effective teamwork
- D. It is a uniquely human skill and highly sought-after by employers

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**12. What is a characteristic of digital badging?**

- A. It recognizes a broad range of skills and accomplishments
- B. It is limited to academic achievements
- C. It relies on standardized test scores
- D. It is only applicable in a traditional academic context

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**13. What is collaboration?**

- A. The ability to think critically
- B. The ability to generate new ideas
- C. The ability to work effectively with others towards a common goal
- D. The ability to solve problems creatively

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**14. "In Mrs. Cannellini's social studies class, she has students engage in a mock trial to explore the viewpoints and arguments surrounding a historical event or controversial issue. What teaching strategy is Mrs. Cannellini using?"**

- A. Integrated instruction
- B. Explicit instruction
- C. Peer Teaching
- D. Content area instruction

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**15. Which of the following academic outcomes is NOT associated with the development of power skills?**

- A. Improved student engagement
- B. Increased test-taking stamina
- C. Higher GPAs and test scores
- D. Lower rates of absenteeism

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**16. Which of the following skills is emphasized as crucial for success in the future job market?**

- A. Memorization and regurgitation
- B. Physical strength and endurance
- C. Critical thinking and problem-solving
- D. Following instructions without questioning

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**17. Which type of assessment involves students directly demonstrating their knowledge and skills through open-ended tasks?**

- A. Performance assessment
- B. Standardized assessment
- C. Self-assessment

## D. Quantitative assessment

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### **18. Why is instilling lifelong learning important in the future job market?**

- A. To avoid work entirely and focus on personal interests
- B. To adapt to evolving job requirements and advancements in technology
- C. To specialize in a single skill and ignore other areas
- D. To rely solely on past achievements and qualifications

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### **19. What is one of the positive effects of SEL on overall well-being?**

- A. Increased dropout rates
- B. Reduced social awareness
- C. Improved self-esteem and coping skills
- D. Enhanced academic achievement

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### **20. Mr. Fava's science class is learning about the impacts of waterborne viruses on the environments that they live in. He assigns students in groups to do a jigsaw activity, followed by a gallery walk. What teaching strategy is Mr. Fava using?**

- A. Project-based learning
- B. Structured direct instruction
- C. Social-emotional learning
- D. Collaborative learning activities

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