

TeachME Professional Development

Supporting Parents with School-Aged Children

1. Which of the following is NOT mentioned as a challenge that parents face today?

- A. Mental health concerns
- B. Financial stressors
- C. Time demands
- D. Difficulty finding employment

2. Parental involvement in education tends to support which of the following for children across different racial and socioeconomic backgrounds?

- A. Improved physical health
- B. Greater access to extracurriculars
- C. Academic success and motivation
- D. Increased interest in non-academic subjects only

3. What strategy can schools use to help parents feel more comfortable and involved, particularly when some may face barriers to in-person meetings?

- A. Use video conferencing and flexible hours for meetings
- B. Send home regular newsletters about school events
- C. Require all meetings to be held in person
- D. Limit communication to email updates

4. Which of the following concerns is NOT typically associated with parental worries about child safety?

- A. Potential exposure to bullying
- B. The risk of substance abuse
- C. The availability of education
- D. Concerns over mental health issues

5. How can educators encourage parents to contribute meaningfully to classroom activities without requiring a large time commitment?

- A. Ask parents to take on administrative tasks for the school
- B. Invite caregivers to join as guest readers or classroom helpers
- C. Providing parents with a list of suggested at-home learning resources
- D. Limiting classroom engagement opportunities to scheduled conferences

6. When parents engage in their children's school life, which of the following outcomes is most likely to improve?

- A. Their child's sense of belonging and safety at school
- B. Their child's ability to work independently
- C. Reduced interactions with teachers outside of school
- D. Decreased focus on school attendance

7. What is an effective strategy for schools to provide parents with timely, accessible updates on student progress?

- A. Providing sporadic updates only when issues arise
- B. Use an online portal with real-time progress updates and resources
- C. Sending a monthly newsletter with student highlights and areas for improvement
- D. Limiting communication to report cards and standardized test results

8. Which age group benefits the most from parental involvement at school-based events like open houses?

- A. Elementary-aged children
- B. Middle school students
- C. High school seniors
- D. College students

9. What aspect of parental involvement is shown to be particularly beneficial for high school students?

- A. Attending school-based activities, such as conferences
- B. Encouraging a supportive learning environment at home
- C. Providing extensive homework and studying assistance
- D. Volunteering in the classroom daily

10. Which strategy can schools adopt to support parents who may feel isolated and strengthen their connection with other families?

- A. Organize school-led parent support groups and workshops
- B. Limit parent involvement to parent-teacher conferences
- C. Encourage parents to set up playdates on their own
- D. Share online articles for parents to read independently
