

# TeachME Professional Development

## Supporting Parents with School-Aged Children

**1. Which of the following is NOT mentioned as a challenge that parents face today?**

- A. Mental health concerns
  - B. Financial stressors
  - C. Time demands
  - D. Difficulty finding employment
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**2. Parental involvement in education tends to support which of the following for children across different racial and socioeconomic backgrounds?**

- A. Improved physical health
  - B. Greater access to extracurriculars
  - C. Academic success and motivation
  - D. Increased interest in non-academic subjects only
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**3. What strategy can schools use to help parents feel more comfortable and involved, particularly when some may face barriers to in-person meetings?**

- A. Use video conferencing and flexible hours for meetings
  - B. Send home regular newsletters about school events
  - C. Require all meetings to be held in person
  - D. Limit communication to email updates
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**4. Which of the following concerns is NOT typically associated with parental worries about child safety?"**

- A. Potential exposure to bullying
  - B. The risk of substance abuse
  - C. The availability of educational
  - D. Concerns over mental health issues
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**5. How can educators encourage parents to contribute meaningfully to classroom activities without requiring a large time commitment?**

- A. Ask parents to take on administrative tasks for the school
  - B. Invite caregivers to join as guest readers or classroom helpers
  - C. Providing parents with a list of suggested at-home learning resources
  - D. Limiting classroom engagement opportunities to scheduled conferences
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**6. When parents engage in their children's school life, which of the following outcomes is most likely to improve?**

- A. Their child's sense of belonging and safety at school
  - B. Their child's ability to work independently
  - C. Reduced interactions with teachers outside of school
  - D. Decreased focus on school attendance
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**7. What is an effective strategy for schools to provide parents with timely, accessible updates on student progress?**

- A. Providing sporadic updates only when issues arise
  - B. Use an online portal with real-time progress updates and resources
  - C. Sending a monthly newsletter with student highlights and areas for improvement
  - D. Limiting communication to report cards and standardized test results
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**8. Which age group benefits the most from parental involvement at school-based events like open houses?**

- A. Elementary-aged children
  - B. Middle school students
  - C. High school seniors
  - D. College students
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**9. What aspect of parental involvement is shown to be particularly beneficial for high school students?**

- A. Attending school-based activities, such as conferences
  - B. Encouraging a supportive learning environment at home
  - C. Providing extensive homework and studying assistance
  - D. Volunteering in the classroom daily
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**10. Which strategy can schools adopt to support parents who may feel isolated and strengthen their connection with other families?**

- A. Organize school-led parent support groups and workshops
  - B. Limit parent involvement to parent-teacher conferences
  - C. Encourage parents to set up playdates on their own
  - D. Share online articles for parents to read independently
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