

TeachME Professional Development

Unlocking Literacy: Evidence-Based Approaches for Reading and Writing

1. What challenges might students with Attention Deficit Hyperactivity Disorder (ADHD) face in writing tasks?

- A. Poor dexterity and slow writing speed
 - B. Difficulty with time management and focus
 - C. Inability to connect letters to their sounds
 - D. Proficiency in metacognition
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2. Which instructional strategy involves guiding students through specific techniques for planning, drafting, revising, and editing, with an emphasis on setting goals and periodically evaluating progress?

- A. Teaching the Writing Process
 - B. Gradual Start Approach
 - C. Model and Share Good Writing
 - D. Writing Techniques for Varied Purposes
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3. Children from low-income families may face challenges in language development, leading to difficulties in writing. What phenomenon describes the widening gap between successful and struggling readers?

- A. The Vocabulary Effect
 - B. The Literacy Gap Effect
 - C. The Reading Proficiency Gap
 - D. The Matthew Effect
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4. In preparing students for a persuasive essay, Mrs. Capri guides them to establish writing goals, present supporting reasons, and create a well-crafted conclusion. Which technique is she employing?

- A. Word-Prediction Software
 - B. Writing Techniques for Varied Purposes
 - C. Note System Strategy
 - D. Teaching the Writing Process
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5. Which of the following is NOT discussed as a connection between reading and writing?

- A. Phonemic awareness
 - B. Vocabulary development
 - C. Sentence structure and grammar
 - D. Problem solving skills
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6. In which instructional strategy do students record notes about a given topic on separate sticky notes, arrange and group them based on similar ideas, and use this visual approach to structure their writing?

- A. Word-Prediction Software
 - B. Gradual Start Approach
 - C. Note System Strategy
 - D. Writing for Different Audiences
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7. Which statement best captures the connection between reading and writing?

- A. The relationship is unidirectional, favoring reading skills with no real impact on writing skills
 - B. Both activities involve common cognitive processes, share foundational language aspects, and establish a feedback loop for mutual improvement.
 - C. Reading and writing lack a significant relationship, as they engage separate cognitive processes, and do not impact each other
 - D. The connection relies solely on motivation and engagement, as well as exposure to quality mentor texts
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8. Which of the following is NOT a challenge that students may face in developing their writing skills?

- A. Learning disabilities
 - B. Enhanced spelling ability
 - C. Affected by Poverty
 - D. ELL Status
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9. What challenge faced by English Language Learners (ELL) students is related to the lack of access to books and reading materials?

- A. Limited vocabulary
 - B. Grammar difficulties
 - C. Insufficient exposure to reading materials
 - D. Lack of motivation
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10. What instructional strategy focuses on immersing students in the nuances of good writing by exposing them to diverse exemplary texts, encouraging active engagement with models, and analyzing strengths and areas for improvement?

- A. Note system strategy

- B. Writing for different audiences
 - C. Model and share good writing
 - D. Using graphic organizers
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11. How does literacy impact an individual's ability to navigate societal structures?

- A. Limits access to educational resources
 - B. Supports active participation in society
 - C. Decreases understanding of cultural practices
 - D. Increases unemployment rates
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12. How does the Structured Literacy approach contribute to effective literacy instruction?

- A. By promoting rote memorization
 - B. Through passive learning experiences
 - C. By providing explicit, systematic, and responsive instruction
 - D. By assuming students can learn literacy principles on their own
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13. What is a common challenge hindering access to high-quality literacy instruction in economically disadvantaged communities?

- A. Abundance of literacy resources
 - B. Overemphasis on structured literacy
 - C. Limited access to books and educational materials
 - D. Excessive teacher preparation time
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14. In the context of the Five Pillars of Reading Instruction, what does fluency encompass?

- A. Mastery of sentence structure
 - B. Understanding and manipulating individual sounds in spoken words
 - C. Recognition of words at a glance
 - D. Ability to read text accurately, quickly, and with proper expression
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15. What concept reflects the interconnected cycle between economic circumstances and societal structures, particularly in relation to literacy challenges?

- A. Poverty cycle
 - B. Home literacy environment
 - C. Poverty literacy
 - D. Socioeconomic integration
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16. What is the impact of low literacy on health literacy?

- A. Barriers to comprehending health-related information

- B. Improved access to preventive health measures
 - C. Decreased risk of work-related accidents
 - D. Better understanding of nutrition
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17. Why is comprehension considered a fundamental pillar of reading instruction?

- A. It involves the recognition of written symbols and spelling conventions
 - B. It emphasizes automaticity in word recognition
 - C. It focuses solely on phonics instruction
 - D. It is the main goal of reading, requiring a combination of skills
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18. What term refers to the issue when teaching staff, curriculum, textbooks, and instructional materials fail to adequately represent the rich cultural diversity of students?

- A. Cultural indifference
 - B. Mismatched cultural representations
 - C. Cultural homogeneity
 - D. Cultural saturation
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19. In what way does illiteracy impact an individual's self-esteem?

- A. Boosts confidence and empowerment
 - B. Enhances social participation
 - C. Encourages active engagement in societal matters
 - D. Evokes emotions like shame and fear
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20. How does SES significantly impact the accumulation of experiences crucial for reading acquisition, according to the text?

- A. By providing equal opportunities for all students
 - B. By narrowing the achievement gap
 - C. By limiting language development, access to print, and social scaffolding
 - D. By increasing the availability of books in lower-SES households
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21. According to Structured Literacy, why is immediate feedback provided during instruction?

- A. To encourage independent learning
 - B. To prevent incorrect learning
 - C. To skip unnecessary lessons
 - D. To emphasize rote memorization
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22. What is the term used to describe challenges related to processing auditory information, significantly influencing literacy development?

- A. Auditory Processing Disorder (APD)
 - B. Phonological Disorder
 - C. Speech-Language Impairment
 - D. Visual Processing Disorder
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23. Which of the following is NOT a characteristic of Structured Literacy?

- A. Multimodal engagement in learning activities
 - B. Continuous assessment of individual student progress
 - C. Progression from simple to complex in a logical order
 - D. Teaching concepts through exposure alone
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24. How does ADHD impact reading comprehension, as described in the text?

- A. ADHD directly affects reading comprehension
 - B. ADHD has no impact on reading or literacy
 - C. ADHD affects reading comprehension through challenges in focusing and sustained attention
 - D. ADHD improves reading comprehension by increasing overall cognitive abilities
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25. How does literacy contribute to economic empowerment?

- A. Enhancing artistic talents
 - B. Increasing participation in the labor market
 - C. Excelling in sports
 - D. Learning computer programming
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26. What is the term used to describe uneven access to essential educational resources like libraries, technology, and high-quality instruction?

- A. Educational parity
 - B. Resource equality
 - C. Opportunity gaps
 - D. School equity
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27. What term is used to describe a condition where individuals exhibit advanced word recognition skills but face significant challenges in listening and reading comprehension?

- A. Dyslexia
 - B. Hyperlexia
 - C. ADHD
 - D. Autism Spectrum Disorder (ASD)
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28. What are the key components of the Five Pillars of Reading Instruction endorsed by the National Reading Panel?

- A. Phonemic awareness, phonics, vocabulary, fluency, and comprehension
 - B. Phonological awareness, syntax, morphology, fluency, and comprehension
 - C. Phonemic awareness, vocabulary, decoding, fluency, and comprehension
 - D. Phonics, syntax, semantics, decoding, and prosody
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29. In a history class, students are given the assignment to showcase their understanding of a particular historical event. Some students choose to create a visual timeline, while others opt for a written analysis. A few students propose a dramatic reenactment. What teaching strategy is the teacher implementing to accommodate diverse ways of expressing comprehension?

- A. Culturally Responsive Teaching (CRT)
 - B. Brain Breaks
 - C. UDL's Flexibility in how students demonstrate understanding
 - D. Varying modes of representation
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30. According to the United States National Institute of Child Health and Human Development, dyslexia is characterized by:

- A. Advanced listening comprehension skills
 - B. Impaired word recognition and decoding abilities
 - C. Proficient spelling and grammar skills
 - D. an exceptional ability to understand and solve complex mathematical equations quickly
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31. Which societal goal, in accordance with UNESCO's dedication to the 2030 Sustainability Goals, does literacy not contribute to?

- A. Gender equality
 - B. Technological proficiency
 - C. Climate change
 - D. Economic prosperity
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32. According to the Five Pillars of Reading Instruction, why is phonics crucial for reading success?

- A. It emphasizes understanding the sounds of language
 - B. It involves the recognition of written symbols and spelling conventions
 - C. It facilitates the translation of written symbols into meaningful language
 - D. It helps in decoding written words during reading and encoding words during writing
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33. How does literacy impact an individual's ability to make informed decisions?

- A. Restricts access to information
 - B. Empowers decision-making
 - C. Causes fear of decision-making
 - D. Promotes impulsive choices
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34. How does offering choices in learning contribute to the development of pride and a heightened sense of engagement?

- A. By limiting students' options
 - B. By enforcing strict rules
 - C. By promoting a one-size-fits-all approach
 - D. By tailoring experiences to individuals
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35. How does literacy contribute to breaking the multigenerational cycle of disadvantage?

- A. Perpetuates negative feelings towards education
 - B. Limits children's exposure to language and vocabulary
 - C. Empowers children to overcome limitations
 - D. Increases the likelihood of dropping out of school
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36. How can cultural variations in acceptable classroom behavior lead to challenges for students?

- A. Cultural norms have no impact on classroom behavior.
 - B. Cultural variations may result in disciplinary actions.
 - C. Cultural norms align universally with educational norms.
 - D. Cultural backgrounds do not influence student behavior.
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37. In the context of the Five Pillars of Reading Instruction, why is phonemic awareness important?

- A. It helps identify, manipulate, and distinguish individual sounds in spoken words
 - B. It involves understanding word meanings
 - C. It facilitates the translation of written symbols into meaningful language
 - D. It focuses on word recognition through sight
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38. Mrs. Pearl notices that some students in the class are uncomfortable turning on their cameras during virtual sessions. How can Mrs. Pearl address this and promote inclusivity?

- A. Mandate video participation for all students.
 - B. Encourage the use of video without alternatives.
 - C. Provide alternatives such as discussion boards and shared documents.
 - D. Ignore students' concerns about camera usage.
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39. What is a global economic consequence of low literacy levels?

- A. Accelerates GDP growth
 - B. Decreases job opportunities
 - C. Enhances productivity
 - D. Imposes a substantial cost on the global economy
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40. In a literacy class, Ms. Ruby is planning to break down a lengthy text into smaller, more manageable segments to support students in processing information more effectively. What teaching strategy is the teacher employing to enhance understanding by presenting information in digestible portions?

- A. Universal Design for Learning (UDL)
 - B. Brain Breaks
 - C. Chunking
 - D. Culturally Responsive Teaching (CRT)
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41. In a high school literacy class, Mr. Garnet is introducing a new concept on literary analysis. Instead of relying solely on traditional textbooks, he provides students with multiple options for learning. Students can choose to read a classic analysis article, watch an educational video explaining the concept, or listen to a podcast discussion on the same topic. This approach ensures that students can access the information through various modalities. Which principle of Universal Design for Learning (UDL) is the teacher applying in this scenario?

- A. Engagement
 - B. Representation
 - C. Action and Expression
 - D. Minimizing threats and distractions
-

42. Why is vocabulary considered one of the Five Pillars of Reading Instruction?

- A. It involves understanding the sounds of language
 - B. It facilitates the translation of written symbols into meaningful language
 - C. It is crucial for effective communication through reading and writing
 - D. It emphasizes automaticity in word recognition
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43. How does literacy affect an individual's ability to participate in a democratic society?

- A. Facilitates informed decision-making
 - B. Limits understanding of rights and responsibilities
 - C. Encourages active civic engagement
 - D. Supports effective communication with government officials
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44. According to CAST (2018), which principle of UDL focuses on optimizing individual choice and autonomy in an educational context?

- A. Engagement
 - B. Representation
 - C. Action and expression
 - D. Autonomy and choice
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45. Mr. Zircon firmly believes in setting uniform high expectations for every student, valuing diversity. Which pedagogical approach aligns with this belief, aiming to provide an equitable educational experience for all students?

- A. Brain Breaks
 - B. Culturally Responsive Teaching (CRT)
 - C. Chunking
 - D. Varying modalities
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46. What is the link between low literacy and crime, as indicated by studies?

- A. Higher graduation rates
 - B. Decreased likelihood of re-offending
 - C. Disproportionate representation in the prison population
 - D. Improved legal means of succeeding in society
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47. During reading, Mr. Spinel notices that students are becoming restless and losing focus. What inclusive strategy can he implement to help students by incorporating short pauses to re-energize and refocus their minds?

- A. Culturally Responsive Teaching (CRT)
 - B. Brain Breaks
 - C. Universal Design for Learning (UDL)
 - D. Chunking
-

48. What does the Simple View of Reading emphasize regarding the relationship between decoding and language comprehension?

- A. They are independent processes
 - B. Both are interdependent for reading comprehension
 - C. Decoding is more critical than language comprehension
 - D. Language comprehension is irrelevant to decoding
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49. Mrs. Opal wants to create a learning environment that provides multiple means of engagement, representation, and action and expression to meet the diverse needs of students. What framework

aligns with this objective?

- A. Universal Design for Learning (UDL)
 - B. Culturally Responsive Teaching (CRT)
 - C. Brain Breaks
 - D. Chunking
-

50. How does literacy influence economic well-being?

- A. Increases unemployment rates
 - B. Facilitates equal job opportunities
 - C. Links to higher poverty rates
 - D. Decreases access to educational opportunities
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51. Which pillar of reading instruction focuses on understanding the meaning of words and their usage in spoken and written language?

- A. Vocabulary
 - B. Fluency
 - C. Phonemic Awareness
 - D. Comprehension
-

52. Grassroots Elementary School emphasizes providing clear and direct instruction in phonics, including teaching students how to decode words by recognizing letter-sound relationships. What instructional approach is the school employing?

- A. Whole Language Instruction.
 - B. Balanced Literacy Instruction.
 - C. Structured Literacy.
 - D. Sight Word Memorization.
-

53. For her young literacy learners, Mrs. Meadows utilizes a Structured Literacy approach that emphasizes multi-sensory instruction, like tapping syllables, writing letter sounds in sand, and listening to individual sounds. What structured literacy approach is Mrs. Meadows using?

- A. Leveled Readers.
 - B. Orton Gillingham.
 - C. Balanced Literacy.
 - D. Semantic Development.
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54. During his reading session, Mr. Fescue guides his students through an activity where they listen to words and identify the individual sounds within them. Which pillar of reading instruction is Mr. Fescue emphasizing?

- A. Fluency.

- B. Phonemic Awareness.
 - C. Vocabulary.
 - D. Phonics.
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55. According to Scarborough's Reading Rope Model, what components are included in the word recognition category?

- A. Phonology, orthography, and morphology.
 - B. Background knowledge, vocabulary, and literacy.
 - C. Syntax, semantics, and pragmatics.
 - D. Verbal reasoning and comprehension.
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56. Ms. Park focuses on ensuring that students can connect subject matter to their own lives through interactive and meaningful learning experiences. What instructional approach is she implementing?

- A. Intensive Instruction.
 - B. Engaging Instruction.
 - C. Comprehension Strategies.
 - D. Explicit and Systematic Instruction.
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57. Mr. Fields introduces his students to the relationship between letters and sounds, teaching them how to decode words by recognizing these connections. Which pillar of reading instruction is Mr. Fields addressing?

- A. Comprehension.
 - B. Fluency.
 - C. Phonemic Awareness.
 - D. Phonics.
-

58. What instructional approach emphasizes clear objectives, direct teaching, and a gradual release model?

- A. Engaging Instruction.
 - B. Intensive Instruction.
 - C. Focus On Early Instruction.
 - D. Explicit & Systematic Instruction.
-

59. Which components collectively contribute to understanding language and sentence structures, thus facilitating reading comprehension according to Scarborough's Reading Rope Model?

- A. Phonological awareness and decoding.
 - B. Background knowledge, vocabulary, and verbal reasoning.
 - C. Syntax and literacy knowledge.
 - D. Orthography and morphology.
-

60. According to the Simple View of Reading (SVR), what are the two essential skills necessary for reading comprehension?

- A. Phonics and fluency
 - B. Vocabulary and syntax
 - C. Word recognition and language comprehension
 - D. Phonological awareness and semantics
-

61. What instructional strategy emphasizes explicit teaching of comprehension strategies such as summarization, visualization, and creating graphic organizers?

- A. Comprehension Strategies.
 - B. Intensive Instruction.
 - C. Focus on Early Instruction.
 - D. Engaging Instruction.
-

62. Which option best defines the “Science of Reading”?

- A. Investigation of the historical evolution of literacy practices
 - B. Study of the effects of technology on contemporary reading habits
 - C. Interdisciplinary research on how children best learn to read
 - D. Exploration of the diverse cultural approaches to reading instruction
-

63. Grassroots Elementary School recognizes the importance of laying a strong foundation for reading proficiency and preventing long-term reading difficulties. What instructional principle does Grassroots Elementary prioritize?

- A. Whole language instruction.
 - B. Focusing on early instruction.
 - C. Balanced literacy instruction.
 - D. Phonics-based instruction.
-

64. During her reading comprehension lesson, Ms. Park has her students use graphic organizers and metacognitive strategies to analyze and understand the meaning of the text they are reading. Which pillar of reading instruction is Ms. Park emphasizing?

- A. Phonemic Awareness
 - B. Phonics
 - C. Fluency
 - D. Comprehension
-

65. Mr. Fields incorporates a gradual release model into his lessons, starting with direct instruction and progressing to guided practice and independent application. What instructional

characteristic is he prioritizing?

- A. Explicit & Systematic Instruction.
 - B. Engaging Instruction.
 - C. Comprehension Strategies.
 - D. Focus on Early Instruction.
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66. Which pillar of reading instruction entails reading text accurately, quickly, and expressively, whether silently or aloud?

- A. Phonics
 - B. Fluency
 - C. Vocabulary
 - D. Comprehension
-

67. What distinguishes Structured Literacy from other approaches to literacy instruction?

- A. Heavy reliance on rote memorization and guessing.
 - B. Emphasis on exposure-based learning.
 - C. Focus on teaching language structure explicitly and systematically.
 - D. Prioritization of whole language instruction.
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68. Mrs. Elmwood uses diagnostic assessments to identify specific skills that require attention for individual students, tailoring interventions accordingly. What instructional characteristic is she prioritizing?

- A. Intensive Instruction.
 - B. Engaging Instruction.
 - C. Structured Literacy.
 - D. Focus on Early Instruction.
-

69. Which aspect of Structured Literacy instruction ensures mastery before progression to more advanced skills?

- A. Multiple practice opportunities.
 - B. Diagnostic and responsive instruction.
 - C. Encouragement of student effort.
 - D. Criterion-based advancement.
-

70. In her literacy class, Mrs. Meadows uses Reader's Theater scripts to help her students read with natural flow and rhythm, encouraging them to read text accurately, quickly, and expressively. Which pillar of reading instruction is Mrs. Meadows emphasizing?

- A. Vocabulary
- B. Phonemic Awareness

C. Fluency
D. Phonics

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